

Phase I: Types of Studies

1. Dose escalation tolerance
 - a. Surveillance for expected and unexpected but lethal toxicities
 - b. Define acceptable maximally tolerated dose
 - c. Starting dose relative to NOAEL or LD10 in animal studies
 - d. Escalation up to 2X per step dependent upon disease severity
 - e. 3-6 per cohort
2. Pharmacokinetics
 - a. V_d , Cl , k ($t_{1/2}$)
 - b. Characterize dose and time dependencies or non-linearities
 - i. First order versus mixed order?; autoinduction?
 - c. Compare single and multiple doses
 - i. PK curve, up to 12 time points,
 - ii. Blood and urine assayed for drug
 - iii. Compartmental or non-compartmental models
3. Bioavailability
 - a. Only important if 2 formulations available
 - b. IV and oral PK curve; calculated $AUC_{IV} : AUC_{PO}$ ratio = F
4. Radiotracer
 - a. Mass balance, elimination, elimination
 - b. Only needed if most of drug not accounted for in blood and urine
 - c. May be helpful with significant first pass metabolism
 - i. Compare parent/metabolite ratio by different routes
5. Delivery systems
 - a. Start studies with system likely to have best bioavailability (F)
 - b. Food effect?
 - c. Methods: PK paired analysis of individuals receiving both dosage forms or with/without food
6. Special populations
 - a. Dysfunction with elimination systems
 - b. Disease which alters distribution
 - c. Genetically determined drug metabolism
 - d. Methods: PK/AE comparison to historic controls
7. Drug interactions
 - a. Expectations of common use with other drugs for same therapeutic category
 - b. Expectations of uncommon use but theoretical reason for dangerous interaction
 - c. Method: steady-state PK curves Drug A, Drug A + Drug B, Drug B
8. Suitability of animal model
 - a. Above study types generate data to evaluate suitability of animal extrapolation
 - b. C_{max} , C_{min} , C_{ss} , AUC, protein binding, plasma: rbc ratio
 - c. Did animals get comparable concentration to predict toxicity?
 - d. Examine factors that change concentration at target site
 - e. Metabolite in man, not seen in animals?